



GRAND MASTER K. H. MIN TAEKWONDO DOJANG

~CLASS SCHEDULE~

HOME OF THE EDMONTON DRAGONS

	MON	TUES	WED	THURS	FRI	SAT
	AFTER SCHOOL MARTIAL ARTS PROGRAM	AFTER SCHOOL MARTIAL ARTS PROGRAM	AFTER SCHOOL MARTIAL ARTS PROGRAM	AFTER SCHOOL MARTIAL ARTS PROGRAM	AFTER SCHOOL MARTIAL ARTS PROGRAM	BJJ – Open mat 12:00pm – 2:00pm
4:45pm – 5:30pm	Dragon’s Beginner I (White to Green Stripe) ----- Kids BJJ	Dragon Beginner’s II (White to Green Stripe)	Dragon’s Beginner I (White to Green Stripe) ----- Kids BJJ	Dragon Beginner’s II (White to Green Stripe)	Poomse Training (ages 7 and up, all belts)	
5:30pm – 6:00pm	Mighty Min’s Beginner I ----- Mighty Min’s Advanced I	Mighty Min’s Beginner II ----- Mighty Min’s Advanced II	Mighty Min’s Beginner I ----- Mighty Min’s Advanced I	Mighty Min’s Beginner II ----- Mighty Min’s Advanced II	Open Class (All belts, ages 7 and up) 5:30pm – 6:15pm	Competition Team Training 11:00am – 1:00pm
6:00pm – 6:45pm	Dragon’s Beginner III (White to Green Stripe) ----- Dragon’s Advanced I (Green to Black)	Dragon’s Advanced II (Green to Black) ----- Family Fun	Dragon’s Beginner III (White to Green Stripe) ----- Dragon’s Advanced I (Green to Black)	Dragon’s Advanced II (Green to Black) ----- Family Fun		Office Hours: Friday 1:00pm – 6:00pm Closed on Stat Holidays and Special Events
6:30pm – 8:15pm	Adult BJJ - Gi	Adult BJJ - Gi	Adult BJJ – No Gi	Adult BJJ - Gi		
7:00pm – 7:45pm/ 8:00pm	Junior Beginners (White to Green St.) 7:00pm – 7:45 pm	Junior Advanced (Green to Black) 7:00pm – 8:00pm	Junior Beginners (White to Green St.) 7:00pm – 7:45 pm	Junior Advanced (Green to Black) 7:00pm – 8:00pm		
7:00pm – 8:00pm	Adult Advanced and Adult Black Belt	Adult Beginners	Adult Advanced and Adult Black Belt	Adult Beginners		

~Respect, Patience, Integrity, Perseverance
Confidence, Indomitable Spirit~

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Dragon's in Training!